



HOSPITAL BAG CHECKLIST



FOR MOM

- ☐ PHOTO ID
- ☐ INSURANCE INFO
- ☐ HOSPITAL FORMS
- ☐ BIRTH PLAN (IF YOU HAVE ONE)
- ☐ WARM SOCKS/SLIPPERS
- ☐ NIGHTGOWN + ROBE
- ☐ CLOTHES TO WEAR HOME
- ☐ NURSING PILLOW
- ☐ NURSING BRAS
- ☐ NURSING PADS
- ☐ BREAST PUMP
- ☐ LAPTOP/TABLET + CHARGERS
- ☐ PHONE CHARGER
- ☐ BOOK OR MAGAZINES
- ☐ FAVORITE MOVIE
- ☐ PLAYLIST

TOILETRIES

- ☐ GLASSES OR CONTACT LENSES
- ☐ HAIR ACCESSORIES
- ☐ MAKEUP
- ☐ TOOTHBRUSH + TOOTHPASTE
- ☐ FACE WASH
- ☐ LOTION
- ☐ CHAPSTICK
- ☐ DEODORANT

FOR BABY

- ☐ CLOTHES, HATS + BOWS
- ☐ OUTFIT TO COME HOME IN
- ☐ BLANKET
- ☐ INFANT CARSEAT

FOR DAD

- ☐ CHANGE OF CLOTHES + UNDERWEAR
- ☐ DEODORANT + TOOTHBRUSH
- ☐ SNACKS
- ☐ DIGITAL/VIDEO CAMERAS + CHARGERS
- ☐ BOOK
- ☐ PILLOW

FOR SIBLINGS

- ☐ COLORING BOOKS OR TOYS
- ☐ SNACKS

ADD YOUR OWN

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

