

Third Trimester Checklist

- FINISH NURSERY
- WASH AND PUT AWAY BABY CLOTHES
- STOCK UP ON DIAPERS, WIPES, AND OTHER BABY TOILETRIES
- PACK HOSPITAL BAG
- MAKE A PLAN FOR OLDER SIBLING CHILD CARE
- MAKE SURE MONITOR, CARSEAT, STROLLER AND OTHER BABY ESSENTIALS ARE WORKING AND READY
- CHECK WITH INSURANCE ABOUT LABOR COSTS AND ADDING BABY TO PLAN
- MAKE PADSICLES AND STOCK UP ON POST-PARTUM CARE ITEMS
- STOCK FRIDGE, FREEZER AND PANTRY WITH EASY MEALS
- LINE UP PHOTOGRAPHER
- DOWNLOAD A CONTRACTION TIMER, AND A BABY FEEDING AND SLEEP TRACKING APP
- FINALIZE BIRTHING PLAN
- CHOOSE AND NOTIFY PEDIATRICIAN
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